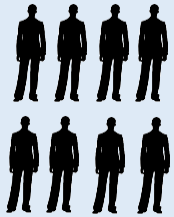


Male regional suicide rate in 15-29 year-olds 2 X general population.



Regional Males



General Population

2 X as many farmers die by suicide compared to other occupations



Farming



Other Occupations



Intentional self-harm is the fifth top cause of death for Aboriginal and Torres Strait Islanders living in Gippsland.

## Suicide and Mental Health Statistics in the Gippsland Region

Women in Gippsland have a higher lifetime prevalence of depression and anxiety compared to Victorian women in general as well as metro females.



Gippsland Women



Victorian & Metro Women

**Suicide deaths in Gippsland amounted to 320 deaths between 2003 and 2012.**