Male regional suicide rate in 15-29 year-olds 2 X general population.

Regional Males  General Population

2 X as many farmers die by suicide compared to other occupations

Farming  Other Occupations

Suicide and Mental Health Statistics in the Gippsland Region

Intentional self-harm is the fifth top cause of death for Aboriginal and Torres Strait Islanders living in Gippsland.

Suicide deaths in Gippsland amounted to 320 deaths between 2003 and 2012.

Women in Gippsland have a higher lifetime prevalence of depression and anxiety compared to Victorian women in general as well as metro females.